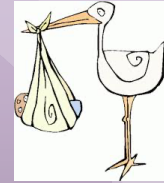


Special Delivery



Fall 2021

Resident Wellness

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A.I.D.E. Task Force

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Interview Dates:

November 5, 12, 19

December 10, 17



LSU OBGYN Achievements

Residents who presented research at regional/national meetings in 2020-2021:

Dr. Polite (Graduated 2021)- AAGL Meeting
Dr. Goswami (PGY3) – CREOG/APGO Annual Meeting
Dr. Lazenby (PGY2) – SMFM
Dr. Wells (PGY3) – Infectious Disease Society of OBGYN

LSU QI Forum 2021: PGY4- Whalon and Price, PGY3- Goswami and Traina

Dr. Akinde (PGY4) represents LSU as an ACOG LA Section Program Representative (District VII).

Dr. Arceneaux (PGY4) was inducted into the Gold Humanism Honors Society.

Drs. Jernigan, Nair, and Scheib mentor the Women's Health Research Consortium to support medical student research.

Dr. Nair is a member of the Society for Gynecologic Oncology's Gender Equity Task Force and Diversity, Inclusion, and Equity Committee

Dr. Holman is a faculty member for the Louisiana Perinatal Quality Collaborative focusing on safe maternal care.

LSU is a member of the ACOG Simulations Work Group – members are Dr. Freehill (OB) and Dr. Scheib (Gyn).



What do the numbers say?

UNIVERSITY MEDICAL CENTER:

19 = # of surgical suites

446 = # of inpatient beds

2.3 million = sq. feet for healthcare services

TOURO INFIRMARY:

2751= deliveries done in 2020

Level 3 NICU services

360 = # of inpatient beds

~25 = # of LARC's placed postpartum per month

Focus on Resident Wellness

You have probably heard the buzz word “WELLNESS” during medical school or on the interview trail. Here at LSU, we know a few things with certainty: 1) we work hard, 2) we play hard, and 3) we truly are a family. To be honest, our residents spend much of their free time together, outside of work. Our PGY4 class has had some form of “wine about it Wednesdays” since they were interns! We continue to have formal initiatives as well with dedicated wellness afternoons, which may mean catching up on personal tasks like doctor’s appointments or spending time with one another through organized biannual retreats and gatherings worthy of the gram (which you should totally check out!) We have found tons of ways to connect with one another outside of work. We have had friendly competitions like an Olympic games retreat and game nights, we have had socially distant flower-crown making backyard pool BBQs, we have celebrated our annual fellowship MATCHers, connected during the holidays with Secret Santa gift exchanges in the park, King Cake tastings, and pumpkin carving potlucks, and even thrown baby showers and surprise birthday celebrations. These past 18 months have been different of course, but we have still managed to find time and space to fellowship with one another and love the time we get to spend together. In fact, we love it so much we created an entire committee dedicated to planning it!



